



Things to Do Before You Go



Check your tires, oil, and fluid levels for maintenance.

Poor air pressure in your tires can contribute to safety and fuel economy issues. According to the National Highway Administration, every one drop in PSI (tire pressure) will lower your gas mileage by 0.2% (NHTSA, 2012).



Check the weather along your route.

This allows you to plan ahead and reschedule your journey in case of snow, tornadoes, flooding, or wildfires.



Get a good night's sleep.

Drowsy driving claimed 803 lives in 2016 (NHTSA, 2017), and contributes to an estimated 100,000 accidents annually.



Make sure you are part of a Roadside Assistance Program.

If you need a tow, help with a flat tire, or run out of fuel, a roadside assistance program will come to your aid!

“Just-in-Case” Items to Bring

- Water and snacks
- Cell phone and charger
- Jumper cables
- Tools to change a tire
- First aid kit
- Flashlight
- Any necessary maps
- If wintry: a blanket, sand, shovel, ice scraper

Following these safety tips can truly make a life or death difference on your trip.